



新加坡武术龙狮总会

主办

2014 年全国武术暨散打锦标赛

2014 年 8 月 12 至 17 日 兀兰体育馆

**National Wushu & Sanda Championships 2014**

**Organised By**

**Singapore Wushu Dragon & Lion Dance Federation**

**12 to 17 August 2014 Woodlands Sports Hall**

### 一 宗旨

- a) 促进我国武术团体间的互相观摩与切磋并通过比赛提高全国技术水平
- b) 鼓励国民积极参与武术, 太极与散打活动
- c) 选拔国家武术队/ 少年武术集训队队员/ 散打集训队队员

### 二 竞赛地点及日期

地点: 新加坡兀兰体育馆

日期: 2014 年 8 月 12 日 (星期二) 至 8 月 17 日 (星期日)

时间: 视报名人数而定

### 三 参赛资格

#### 武术及散打参赛者须知:

- a) 武术龙狮总会属会会员, 准会员, 人民协会属下民众俱乐部/ 居委会成员和教育部属下学校在籍学生/ 学联队红白两队; 不拘年龄、性别, 经所属单位盖章推荐, 均可报名参加套路项目。
- b) 参赛者必须是新加坡公民或永久居民 (代表学校的在籍学生例外)。

#### 散打参赛者须知:

- c) 散打项目为全国公开赛; 非武术龙狮总会会员可报名参加散打比赛。21 岁以下参赛者须由家长或监护人签名同意方可报名参赛。

- d) 参加散打公开赛者，必须出示医生证明书，证明身体健康良好方可参赛。
- e) 报名表格上必须盖上属会印章，负责人签名及散打教练培训班 2013 参加证书。
- f) 如选手在 21 岁以下，必须取得家长或监护人同意才可以参加比赛。
- g) 选手必须自行购买个人意外保险并呈交相关文件于总会。
- h) 报名表格必须连同医生体检证书（证明身体健康良好方可参赛），责任声明书和保险相关文件一同呈交于总会。

#### 四 报名方式及截止日期

- a) 请上总会网站 [www.wuzong.com](http://www.wuzong.com) 上网报名。并在报名截止日期之前到总会秘书处呈交报名费，报名表格正本及运动员近照。报名表格填写不完整，恕不接受。
- b) 武术报名费\$107.00（包括 7% 消费税），另加每人参加比赛之行政费\$53.50（包括 7% 消费税），对练与集体每项\$53.50（包括 7% 消费税）。倘若参赛者不出赛，或由于赛项人数不足而不能比赛，所交费用恕不退还。
- c) 散打报名费 \$53.50（包括 7% 消费税）。
- d) 武术项目截止日期 2014 年 7 月 4 日，（星期五）下午五时正。
- e) 散打项目截止日期 2014 年 7 月 25 日，（星期五）下午五时正。
- f) 凡在截止日期之后报名，报名费另收 \$107.00（包括 7% 消费税）并以日计算。报名若在截止日期三天后呈交恕不接收。

#### 五 抽签/领队教练会议日期/地点

- a) （武术参赛者）抽签与领队教练会议将在 2014 年 8 月 3 日（星期日）下午二点正于武术龙狮总会四楼会议室。出席教练必须是合格教练并呈交教练证书副本一份。
- b) （散打参赛者）过磅与抽签会议将在 2014 年 8 月 10 日（星期日）中午 12 时至 1 时于总会健身室。

# 武术竞赛项目及规则

## 一 竞赛项目

### A. 个人单项规定套路（儿童组）2003年1月1日以后出生者

代号	项目	代号	项目
A1	5段长拳	A2	5段南拳

### B. 个人单项自选项目（公开组）不拘年龄

代号	项目	代号	项目	代号	项目	代号	项目	代号	项目
B1	长拳	B2	南拳	B3	太极拳	B4	刀术	B5	剑术
B6	南刀	B7	太极剑	B8	棍术	B9	枪术	B10	南棍

### C. 个人单项国际规定竞赛套路

#### C.1. 少年组 = 2000年1月1日以后出生者（第一套国际竞赛套路）

代号	项目	代号	项目	代号	项目	代号	项目	代号	项目
C1-1	长拳	C1-2	南拳	C1-3	42式太极拳	C1-4	刀术	C1-5	剑术
C1-6	南刀	C1-7	42式太极剑	C1-8	棍术	C1-9	枪术	C1-10	南棍

#### C.2. 公开组 = 不拘年龄（第一套国际竞赛套路）

代号	项目	代号	项目	代号	项目	代号	项目	代号	项目
C2-1	长拳	C2-2	南拳	C2-3	*太极拳竞赛套路	C2-4	刀术	C2-5	剑术
C2-6	南刀	C2-7	42式太极剑	C2-8	棍术	C2-9	枪术	C2-10	南棍

\* 备注：项目 C2-3 包括 42 式太极拳，48 式太极拳，陈杨吴孙武竞赛套路（详细注明套路名称）

#### C.3. 公开组 = 不拘年龄（第二套国际竞赛套路）

代号	项目								
C3-1	长拳	C3-2	棍术	C3-3	枪术	C3-4	刀术	C3-5	剑术

**C.4. 公开组 = 不拘年龄（第三套国际竞赛套路）**

代号	项目	代号	项目	代号	项目	代号	项目	代号	项目
C4-1	长拳	C4-2	南拳	C4-3	太极拳	C4-4	刀术	C4-5	剑术
C4-6	南刀	C4-7	太极剑	C4-8	棍术	C4-9	枪术	C4-10	南棍

**C.5. 乐龄组 = 1964年1月1日以前出生者**

代号	项目	代号	项目
C5-1	24式太极拳	C5-2	42式太极剑

**D. 个人单项传统套路**

（详细注明套路名称，例如：陈式老架一路，杨式108太极拳等）

**D.1. 少年组 = 2000年1月1日以后出生者**

代号	项目	代号	项目	代号	项目	代号	项目	代号	项目
D1-1	长拳	D1-2	南拳	D1-3	太极拳	D1-4	象形拳	D1-5	形意拳
D1-6	八卦掌	D1-7	八极拳	D1-8	短器械	D1-9	长器械	D1-10	软器械
D1-11	双器械	D1-12	太极刀	D1-13	太极剑	D1-14	太极长器械		

**D.2. 公开组 = 不拘年龄**

代号	项目	代号	项目	代号	项目	代号	项目	代号	项目
D2-1	长拳	D2-2	南拳	D2-3	太极拳	D2-4	象形拳	D2-5	形意拳
D2-6	八卦掌	D2-7	八极拳	D2-8	短器械	D2-9	长器械	D2-10	软器械
D2-11	双器械	D2-12	太极刀	D2-13	太极剑	D2-14	太极长器械		

**D.3. 乐龄组 = 1964年1月1日以前出生者**

代号	项目	代号	项目	代号	项目	代号	项目	代号	项目
D3-1	长拳	D3-2	南拳	D3-3	太极拳	D3-4	象形拳	D3-5	形意拳
D3-6	八卦掌	D3-7	八极拳	D3-8	短器械	D3-9	长器械	D3-10	软器械
D3-11	双器械	D3-12	太极刀	D3-13	太极剑	D3-14	太极长器械		

备注:太极拳项目,以陈杨吴武孙各大门派传统套路为主。(唯所有传统套路演练,必须由第二段开始)公开与乐龄组太极长器械不包括三段枪。项目 D3-8 短器械不包括扇,项目 D3-10 软器械不包括佛尘。

### E. 对练项目

代号	项目	代号	项目	代号	项目
E1	徒手对练	E2	长短器械对练	E3	徒手对长短器械

\* 每个团体于每个单项最多只可派一队选手参赛

### F. 集体项目

代号	项目	代号	项目	代号	项目
F1	外家集体拳术	F2	太极集体拳术	F3	形意集体拳术
F4	八卦集体拳术	F5	外家集体长短器械	F6	太极集体长短器械

\* 每个团体于每个单项最多只可派一队选手参赛。每支队伍最少六名队员,最多十二名队员。配乐音响可自备,音乐不能备有任何歌词,配乐也必须跟着表演一同开始,除起收势外不得吹哨子或喊口令,违者已扣分计。

\*\* 团体能够在套路编排里注入创新动作,以推广创意。

请根据以上参赛项目代号,详细填妥表格,若填写不清楚者,恕不接受,当弃权论

## 二 竞赛注意事项

### 个人单项

- 每一团体可派不超过12名选手参赛,包括对练项目。
- 每个单项最多可派不超过2名选手参赛。
- 每个项目至少要有三间不同的团体参加,方能生效,否则该项目将被取消。
- 每位选手参赛项目须属同一组别。
- 每位单项选手最多可参加拳术,短器械,长器械各一项。

### 三 竞赛分组

- a. 男女儿童组 : 2003年1月1日以后出生者
- b. 男女少年组 : 2000年1月1日以后出生者
- c. 男女公开组 : 不受年龄限制
- d. 男女乐龄组 : 1964年1月1日以前出生者

### 四 竞赛时间

#### a. 儿童规定套路

无时间要求

#### b. 国际自选竞赛套路

长拳/南拳/器械 : 不得少过1分20秒  
太极拳/太极剑 : 只限3至4分钟

#### c. 国际规定竞赛套路

长拳/南拳/器械 : 不得少过1分20秒  
24式太极拳 : 只限4至5分钟  
42式太极拳 : 只限5至6分钟  
42式太极剑 : 只限3至4分钟

#### d. 传统套路

外家拳/形意拳/八卦掌/长短器械 : 只限1至3分钟  
太极拳 : 只限5至6分钟  
太极器械 : 只限2至4分钟

#### e. 对练项目

徒手对练/长短器械对练/徒手对长短器械 : 最少50秒

#### f. 集体项目

外家拳/长短器械 : 不得少于1分30秒(根据国际竞赛规则)  
太极拳 : 只限5至6分钟  
太极器械 : 只限2至4分钟(竞赛套路例外)

## 五 配乐

- a. 个人单项自选太极拳与太极剑必须配乐；违者扣 0.5 分。
- b. 其它个人太极项目，不得配乐，违者扣 0.5 分。
- c. 所有集体项目必须配乐；违者扣 0.5 分。
- d. 大会将提供音响设备供队伍使用。队伍也可自备配乐音响设备。
- e. 配乐以音乐为主，不允许有说，唱或歌词；违者扣 0.3 分。
- f. 演练过程中，音乐如有出现中断，扣 0.2 分。

## 六 评分方法

采用国际竞赛套路规则

## 七 名次录取

- a. 个人单项自选套路。
- b. 个人单项国际规定竞赛套路。
- c. 参赛人数不足3名，比赛将取消。
- d. 若乐龄组参赛人数不足3名，将自动升级公开组参赛。
- e. 奖牌及奖状颁发数目：

3人参赛取1名	8至9人参赛取5名
4人参赛取2名	10至12人参赛取6名
5人参赛取3名	13至15人参赛取7名
6至7人参赛取4名	16以上取8名

1至3名将颁与奖牌及奖状，4至8名只颁与奖状。

## 八 上诉

对大会给予团体/运动员的判决有异议者，若要上诉，须由领队将上诉表格，连同现金 S\$300.00 手续费（不退还），在该项目赛后半小时内，呈交大会竞赛处。上诉者只能针对自己，根据大会录像器材为准。大会将保持原判，但会对上诉事项做内部处理以便日后改良。

## 九 竞赛细则

- a. 各项竞赛经大会编订后，不得要求更换。
- b. 参赛者不得无故弃权；若无故弃权，则判该选手于来届停赛一届。
- c. 参赛者须于赛前三十分钟到竞赛处播报时，亲自到检录处报到，违例者当弃权论。
- d. 参赛者必须采用大会所发的号码布，并清楚地展示于选手背后或上场时展示。违例者当弃权论。
- e. 传统套路参赛者必须穿武术平底鞋，规定武术表演服装（附图表一份），违例者扣 0.5 分。
- f. 自选套路服装必须正齐端庄并附合该拳种。
- g. 竞赛时若有任何意外或损伤、赛会将不承担任何责任。参赛者必须签责任声明书并连同报名表格呈交于武总。
- h. 任何选手不得同时代表两间团体参赛，违例者将被取消参赛资格或名次；同时判该名选手停赛一届。
- i. 在宣告员宣布参赛者/队伍出场后一分钟未出场者，当弃权论。
- j. 集体项目，参赛队伍进场后30秒未开始者，扣0.5分。
- k. 集体项目运动员需携带居民证以供查证。

## 十 裁判长对评分的调整

- a. 当评分出现明显不合理时，在示出运动员最后得分前，裁判长须报告总裁判长及技术委员，经总裁判长及技术委员同意，可召集场上裁判员协商，或与个别裁判协商改变分数；被指定改分的裁判员必须服从。
- b. 裁判长有权调整、改变分数，可加减最高 0.05 分，但必须与总裁判长/技术委员协商并同意，方可改分。

## 十一 总裁判长对最后得分的调整

总裁判长有权调整、改变分数，可加减最高 0.2 分，但必须与技术委员协商并同意，方可改分。

## 十二 附则

- a. 武总在竞赛时为参赛者所摄之照片和影像将归武总所有，武总有权在任何情况下使用照片和影像，不必征求参赛者的同意。
- b. 本章程如有未尽善处，得由工委会随时增删之。

### 十三 国际竞赛器械规格，必须配合国际要求

- a. 刀术：长度以直臂垂肘抱刀的姿势为准，刀尖不得低于本人的耳上端，必须有刀彩
- b. 剑术：长度以直臂垂肘反手持剑的姿势为准，剑尖不得低于本人的耳上端，必须有剑穗
- c. 枪术：枪术全长不得短于本人直臂上举时，以脚底到中指端的长度，必须有枪缨
- d. 棍术：全长不得短于本人身高
- e. 枪术与棍术：棍中线以下任何部位的直径不得小于如下规定：

成人组：男子2.30厘米，女子2.10厘米

少年组：男子2.10厘米，女子1.90厘米

- f. 南棍：全长不得短于本人身高，棍中线以下任何部位的直径不得小于如下规定：

成人组：男子2.80厘米，女子2.65厘米

少年组：男子2.65厘米，女子2.50厘米

- g. 南刀：长度以直臂垂肘抱刀的姿势为准，刀尖不得低于本人的下巴

#### 十四 竞赛服装规格，必须配合国际要求

a. 传统长拳、刀、剑、枪、棍、太极拳及其他项目的规格要求：

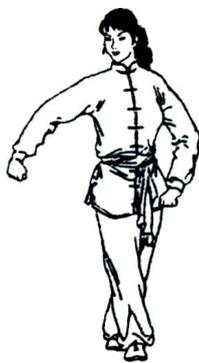
- i. 对襟小褂，中式立领，七对正式直绊（长、短袖子自定），太极剑必须长袖，上衣长度不得超过本人直臂下垂时中指指尖；
- ii. 灯笼袖，袖口为克夫；
- iii. 中式灯笼裤；
- iv. 面料任选，颜色任选，必须是单色；
- v. 允许 T-恤，灯笼裤，软腰巾
- vi. 周身 1 厘米边，可用不同单色面料；
- vii. 软腰巾（太极拳、太极剑不配软腰巾）可用不同单色面料；

b. 传统南拳类服装款式及规格要求：

- i. 对襟、无领，七对中式直绊，女子为短袖上衣，男子为无袖背心；
- ii. 中式灯笼裤；
- iii. 面料任选，颜色任选，必须是单色；
- iv. 允许 T-恤，灯笼裤，软腰巾
- v. 周身为 1 厘米边，可用不同单色面料；
- vi. 软腰巾，可用不同单色面料；



男/女太极拳



男/女长拳



女子南拳



男子南拳

c. 自选类服装款式及规格要求：

- i. 自选套路服装必须正齐端正，表演服可自由设计与配色但必须附合该拳种。

# 散打竞赛项目及规则

## 一 项目：少年与成年组

少年组（15 - 18 岁） 1996 年 1 月 1 日至 1999 年 12 月 31 日

成年组（37 岁或以下） 1977 年 1 月 1 日至 1995 年 12 月 31 日

## 二 重量级别

男子：48, 52, 56, 60, 65, 70, 80, 85 与 85 公斤以上

女子：48, 52, 56 及 60 公斤以上

## 三 规则

- a) 比赛采用单败淘汰制
- b) 赛事采用国际武术联合会审定的最新国际武术散手竞赛规则(2005 年)。 如对规则有争议，解释以中文版为准
- c) 每个团体允许在同一级别派出最多两名选手

## 四 竞赛须知

- a) 竞赛时如有任何意外或损伤， 由运动员个人负责
- b) 参赛者须自备护齿，护阴，红色与黑色运动装（背心与裤）各一套
- c) 参赛者须出席于 2014 年 8 月 10 日的坪量体重
- d) 参赛者须在比赛当天出示身份证以供检查
- e) 若有未尽善处， 赛事工委会有权决定结果

## 五 名次

- a) 2 人参赛 : 取 1 名
- b) 3 人参赛 : 取 前 2 名
- c) 4 人以上参赛: 取 前 3 名



新加坡武术龙狮总会

主办

2014 年全国武术暨散打锦标赛

2014 年 8 月 12 至 17 日 兀兰体育馆

**National Wushu & Sanda Championships 2014**

**Organised By**

**Singapore Wushu Dragon & Lion Dance Federation**

**12 to 17 August 2014 Woodlands Sports Hall**

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## 1 OBJECTIVE

- a) To facilitate a healthy relationship among the organizations, promoting wushu and to raise the technical standard of wushu through competition.
- b) To encourage more Singaporeans to actively participate in the sport of Wushu, Taiji and Sanda Activities.
- c) To select and recruit athletes to join the National / National Youth, Centralized team.

## 2 COMPETITION VENUE & DATE

Venue: Woodlands Sports Hall

Date: 12 August to 17 August 2014

Time: Subject to participation rate

## 3 ELIGIBILITY

For Wushu and Sanda Participants:

- a) All members of SWDLDF, Community Club, Resident's Committee, student of school under Ministry of Education and Combined School Team – Red/White Team. All are eligible to participate in the competition regardless of age and gender.
- b) All participants must be Singaporean or Permanent Resident, except student representing school.

#### For Sanda Participants:

- c) Non SWDLDF members can participate in Sanda events. Parental/Guardian consent is required for participants below 21 years old.
- d) Sanda participants must be physically fit and medical certificate must be attached to the registration form.
- e) Participants must stamp their affiliated club on the registration form, accompanying with person-in-charge signature and Sanda Coaching Course 2013 certificate of participation.
- f) Participants aged below 21 year old must obtain written parental / guardian consent before they can take part in the competition.
- g) Participants must purchase personal accident insurance on their own and submit the relevant documents to SWDLDF.
- h) Registration form must be accompanied by a doctor medical certificate (to prove that his/her body is fit to participate in the competition), the Wavier of Liabilities form and insurance related documents.

#### **4 REGISTRATION METHOD & CLOSING DATE**

- a) Register at Federation's website [www.wuzong.com](http://www.wuzong.com). Registration fees must be paid not later than the closing date together with the original registration form and participant passport photo at the Secretariat.
- b) Wushu registration fees are S\$107.00 (inclusive of 7% GST) and \$53.50 (inclusive of 7% GST) administration fees for each participant, \$53.50 (inclusive of 7% GST) for Free Sparring Event and Group Event respectively.

There will be no refund of fees when participant withdraw from the competition or cancellation of event due to insufficient number of participants.

- c) Sanda registration fees of \$53.50 (inclusive of 7% GST) for each participant.
- d) Closing date for Wushu events is on 4 July 2014, 5.00pm.
- e) Closing date for Sanda events is on 25 July 2014, 5.00pm.
- f) All late registration is subjected to an additional \$107.00 (Inclusive of 7% GST) on a daily basis. Entries later than 3 days will not be accepted.

#### **5 DATE & VENUE FOR BALLOT/TEAM MANAGER & COACH MEETING :**

- a) (Wushu) Balloting and Team Manager/Coach Meeting is on 3 Aug 2014, 2.00pm, SWDLDF Conference Room. Coach must be qualified and submit one copy of coach certificate to SWDLDF.
- b) (Sanda) Weighing-in and Balloting Meeting is on 10 August 2014 (Sun) 12.00pm, SWDLDF Fitness Room.

# WUSHU COMPETITION EVENTS AND RULES

## 1. Competition Events

### A. Individual Event – Compulsory Routine (Child Category) – Date of Birth after 1 Jan 2003

CODE	ITEM	CODE	ITEM
A1	5-Duan Changquan	A2	5-Duan Nanquan

### B. Individual Free Style Event (Open Category) – No Age Limit

CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM
B1	Changquan	B2	Nanquan	B3	Taijiquan	B4	Daoshu	B5	Jianshu
B6	Nandao	B7	Taijijian	B8	Gunshu	B9	Qiangshu	B10	Nangun

### C. Individual Event-International Competition Routine

#### C1. Youth Category - Date of Birth after 1 Jan 2000 (1<sup>st</sup> Set International Competition Routine)

CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM
C1-1	Changquan	C1-2	Nanquan	C1-3	42-Style Taijiquan	C1-4	Daoshu	C1-5	Jianshu
C1-6	Nandao	C1-7	42-Style Taijijian	C1-8	Gunshu	C1-9	Qiangshu	C-10	Nangun

#### C2. Open Category - No Age Limit (1<sup>st</sup> Set International Competition Routine)

CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM
C2-1	Changquan	C2-2	Nanquan	C2-3	*Taijiquan Competition Routine	C2-4	Daoshu	C2-5	Jianshu
C2-6	Nandao	C2-7	42-Style Taijijian	C2-8	Gunshu	C2-9	Qiangshu	C2-10	Nangun

\* Item No.3 includes 42-Style & 48-Style Taijiquan, Chen, Yang, Wu, Sun Routine  
(Specify the name of the Routine)

#### C3. Open Category - No Age Limit (2<sup>nd</sup> Set International Competition Routine)

CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM
C3-1	Changquan	C3-2	Gunshu	C3-3	Qiangshu	C3-4	Daoshu	C3-5	Jianshu

**C4. Open Category - No Age Limit (3<sup>rd</sup> Set International Competition Routine)**

CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM
C4-1	Changquan	C4-2	Nanquan	C4-3	Taijiquan	C4-4	Daoshu	C4-5	Jianshu
C4-6	Nandao	C4-7	Taijijian	C4-8	Gunshu	C4-9	Qiangshu	C4-10	Nangun

**C5. Senior Citizens Category - Date of Birth before 1 Jan 1964**

CODE	ITEM	CODE	ITEM
C5-1	24-Style Taijiquan	C5-2	42-Style Taijijian

**D. Individual Event-Traditional Routine (Specify the name of the Routine, e.g, Chen, Yang Style refer to Chinese text)****D1. Youth Category - Date of Birth after 1 Jan 2000**

CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM
D1-1	Changquan	D1-2	Nanquan	D1-3	Taijiquan	D1-4	Xiang Xingquan	D1-5	Xingyi Quan
D1-6	Bagua Zhang	D1-7	Baiquan	D1-8	Short Weapon	D1-9	Long Weapon	D1-10	Soft Weapon
D1-11	Double Weapon	D1-12	Taijidao	D1-13	Taijijian	D1-14	Taiji Long Weapon		

**D2. Open Category - No Age Limit**

CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM
D2-1	Changquan	D2-2	Nanquan	D2-3	Taijiquan	D2-4	Xiang Xingquan	D2-5	Xingyi Quan
D2-6	Bagua Zhang	D2-7	Baiquan	D2-8	Short Weapon	D2-9	Long Weapon	D2-10	Soft Weapon
D2-11	Double Weapon	D2-12	Taijidao	D2-13	Taijijian	D2-14	Taiji Long Weapon		

**D3. Senior Citizen Category - Date of Birth before 1 Jan 1964**

CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM	CODE	ITEM
D3-1	Changquan	D3-2	Nanquan	D3-3	Taijiquan	D3-4	Xiang Xingquan	D3-5	Xingyi Quan
D3-6	Bagua Zhang	D3-7	Baiquan	D3-8	Short Weapon	D3-9	Long Weapon	D3-10	Soft Weapon
D3-11	Double Weapon	D3-12	Taijidao	D3-13	Taijijian	D3-14	Taiji Long Weapon		

NOTE: Taijiquan event based on Chen, Yang, Wu, Sun Traditional Routines. (All Traditional Routine shall commence in second part). Open and Senior Citizen categories shall not include 3-Duan Qiang. **Item no.8** Short Weapon excludes "Kung Fu Fan" & **Item no.10** Soft Weapon exclude "Fo Chen."

### **E. Dual Event**

CODE	ITEM	CODE	ITEM	CODE	ITEM
E1	Barehand	E2	Long/Short Weapons	E3	Barehand vs Long/Short Weapons

\* Each organization is allowed to submit only one team for each individual event

### **F. Group Event**

CODE	ITEM	CODE	ITEM	CODE	ITEM
F1	Waijia Quanshu	F2	Taiji Quanshu	F3	Xinyi Quanshu
F4	Bagua Quanshu	F5	Waijia Long/Short Weapon	F6	Taiji Long/Short Weapon

\* Each participating organization is allowed to submit only one team for each individual event. Each team must not be less than 6 or more than 12 participants. The respective participating organization also has to equip own sound system, music with song lyrics is not allowed. No blowing of whistle and command of words are allowed except at the beginning and ending of the performance.

\* Innovative movements can be included in the routine

**FILL IN THE ENTRY FORM WITH THE ABOVE ITEM CODES  
INCOMPLETE ENTRY WILL NOT BE ACCEPTED**

## **2 COMPETITION CONDITION**

### Individual Event

- 2.1 Each participating organization is not allowed to submit more than 12 participants, inclusive of dual event.
- 2.2. Each individual event is not allowed to have more than 2 participants from the same participating organization.
- 2.3. Each individual event must have at least 3 participants from different participating organization; otherwise the event will be cancelled.
- 2.4. Each participant registering for different individual events must be in the same competition routine and age category.
- 2.5. Each individual event participant is only allowed to participate in 1 Quanshu, Short Weapon, and Long Weapon event respectively.

### 3 COMPETITION AGE CATEGORY

Child Category	:	Date of Birth after 1 Jan 2003
Youth Category	:	Date of Birth after 1 Jan 2000
Open Category	:	No Age Limit
Senior Citizen	:	Date of Birth before 1 Jan 1964

### 4 TIMING

#### A. Compulsory Routine (For Child Category)

No time requirement

#### B. International Free Style Routine

Changquan/Nanquan/Long & Short Weapon	:	Not less than 1 minute 20 seconds
Taijiquan/ Taijijian	:	Limit to 3 to 4 minutes

#### C. International Competition Routine

Changquan/Nanquan/Long & Short Weapon	:	Not less than 1 minute 20 seconds
24-style Taijiquan	:	Limit to 4 to 5 minutes
42-style Taijiquan	:	Limit to 5 to 6 minutes
42-style Taijijian	:	Limit to 3 to 4 minutes

#### D. Traditional Routine

Waijiaquan/Xingyiquan/Baguazhang/Long & Short weapon:	Limit to 1 to 3 minutes
Taijiquan	: Limit to 5 to 6 minutes
Taiji Weapon	: Limit to 2 to 4 minutes

#### E. Dual Event

Freehand/Weapons/Freehand vs. Long & short Weapons: Minimum 50 seconds

#### F. Group Event

Waijiaquan/Long & Short Weapon	:	At least 1 minute 30 seconds (except Competition Routine)
Taijiquan	:	Limit to 5 to 6 minutes
Taiji Weapon	:	Limit to 2 to 4 minutes (except Competition Routine)

## 5 MUSIC

- 5.1 Individual Free Style Taijiquan and Taijijian must have accompanying music, deduction of 0.5 point if fails to comply.
- 5.2 Other individual Taiji routine events should not have accompanying, deduction of 0.5 point if fails to comply.
- 5.3 Group event must have accompanying music, deduction of 0.5 point if fails to comply.
- 5.4 SWDLDF will provide sound equipment for team use. The team also can bring own audio equipment.
- 5.5 Accompany music must not have any verbal singing and/or lyrics, deduction of 0.3 point if fails to comply.
- 5.6 If accompanying music encounters stoppage or have any sort of discontinuity during performance, will constitute to a deduction of 0.2 point.

## 6 JUDGING METHOD

Based on Rules and Regulations of International Competition Routine

## 7 PLACING

- 7.1 Individual Event Free Style Routine
- 7.2 Individual Event of International Regulated Competition Routine
- 7.3 Event shall be cancelled if there are less than 3 participants
- 7.4 Senior Citizen category shall automatically be upgraded to Open category if there are less than 3 Participants
- 7.5 Number of Medals and Cerificates to be awarded:

No. of Participant	Placing Awarded
3	1 <sup>st</sup>
4	1 <sup>st</sup> and 2 <sup>nd</sup>
5	Top 3
6 to 7	Top 4
8 to 9	Top 5
10 to 12	Top 6
13 to 15	Top 7
16 and more	Top 8

Top 3 placing shall be awarded with Medal and Certificate of Participation. 4<sup>th</sup> to 8<sup>th</sup> placing shall be given Certificate of Participation accordingly.

## **8 APPEAL**

Any participant having dispute over the decision of the judges and wishing to file an appeal, the team leader shall forward the appeal form with administration fees S\$300.00 in cash (non-refundable), to Organiser within half an hour after that event competition. The appellant can only appeal for himself/herself. The evidence shall be based on the video captured by SWDLDF during the competition. The original verdict shall remain and the appeal made will be looked into internally for future improvements.

## **9 RULES**

- 9.1 No changes are allowed when the competition schedule is finalized by SWDLDF.
- 9.2 All participants are not allowed to withdraw from the competition without valid reason. Otherwise, he or she shall be suspended from competing in the following year.
- 9.3 All participants/teams must personally report to the holding area 30 minutes prior to the start of the event or immediately when the announcement is made for the participants/teams. Those who fail to comply will be considered as withdrawal from the competition.
- 9.4 Participants are required to use the number tags provided by SWDLDF. All number tags must be clearly displayed at all times or otherwise presented in before performing. Those who fail to comply shall be considered as withdrawal from the competition.
- 9.5 All participants must wear flat sole Wushu shoes stipulated competition attire specification. Deduction of 0.5 point if fails to comply.
- 9.6 Free style routine participants must wear appropriate costume according to their event.
- 9.7 SWDLDF will not be responsible or liable for any injury or illness occurred during the competition.
- 9.8 A participant can only represent one organization. Those who violate this rule shall be disqualified from the competition and suspended from competing in the following year.
- 9.9 Once the announcement made for the name of participant/team, he/she/they must be present within one minute. Otherwise, he/she/they would be considered as withdrawn from the competition.
- 9.10 If the participating team for the Group event does not start performing within 30 seconds. Deduction of 0.5 if fails to comply.
- 9.11 The participants of Group event must bring along their IC for verification.

## **10. ADJUSTMENT OF JUDGING SCORES BY PRESIDING JUDGE**

- 10.1 If the Presiding Judge were to discover any discrepancy or irregularity in awarding scores by any of the five judges before the display of the score and with the consent of the chief judge and technical committee members, he shall summon all judges or the respective judge for short discussion to amend the score. The instruction shall be strictly adhered by all judges.

- 10.2 The Presiding Judge is authorized to adjust and change any score to a plus/minus of 0.05 after discussing and agreed by the Chief Judge & Technical Committee members as deemed valid.

## **11. ADJUSTMENT OF FINAL SCORES BY CHIEF JUDGE**

The Chief Judge is authorized to adjust and to change any score to a plus/minus of 0.2, after discussing and agreed by the Technical Committee members as deemed valid.

## **12. NOTES**

- 12.1 SWDLDF owns the copyright of all photograph and video taken during the competition. Consent of the participants will not be sought for the usage of the photograph and video on SWDLDF's publication or any other media.
- 12.2 The organizer reserves the right to make changes or amendment on the above rules as and when required. If there are any discrepancies in the rules, the Chinese text will be used to interpret the rules. The organizer's decision shall be final.

### **13. RULES FOR INTERNATIONAL WEAPON ROUTINE**

#### **(ADHERING THE INTERNATIONAL REQUIREMENT)**

- 13.1 Daoshu: The total length base on the vertical position of arming the broadsword. The end-tip of the broadsword must not be lower than the upper end-tip of the ear of the participant. The broadsword must be decorated with 'Daocai'.
- 13.2 Jianshu: The length base on the vertical position of reverse arming the sword. The end-tip of the sword must not be lower than the upper end-tip of the ear of the participant. The broadsword must be decorated with 'Jiansui'.
- 13.3 Qiangshu: The total length of qiangshu must not be shorter than the arm raised, base on the length of bottom of the feet and middle finger-tip. The spear must be decorated with 'Qiangying'.
- 13.4 Gunshu: The total length of the cudgel must not be shorter than the height of the participant.
- 13.5 Qiangshu and Gunshu: Any point below center position of the cudgel, the diameter must not be less than the specification as follow:
- Adult: Male – 2.30mm, Female – 2.10mm  
Youth: Male – 2.10mm, Female – 1.90mm
- 13.6 Nangun: The total length of the cudgel must not be shorter than the height of the participant. Any point below center position of the cudgel, the diameter must not be less than the specification as follow:
- Adult: Male – 2.80mm, Female – 2.65mm  
Youth: Male – 2.65mm, Female – 2.50mm
- 13.7 Nandao: The total length base on the vertical position of arming the broadsword. The end-tip of the broadsword must not be lower than the chin of the participant

## 14. SPECIFICATION OF COSTUME FOR COMPETITION

(ADHERING THE INTERNATIONAL REQUIREMENT)

### 14.1 For Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Taijiquan and other Routines

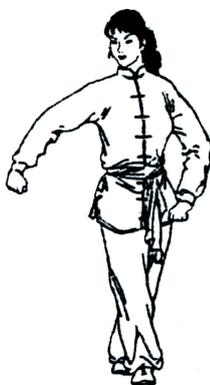
1. A jacket with a Chinese-style upright collar and seven toggle-like cloth buttons down the front and short/long sleeves; and for taijiquan and taijijian routines, a long-sleeved jacket of a length not exceeding the performer's middle fingertip when the arms are straightened and hanging down;
2. Bloomer-like sleeves gathered at the cuffs;
3. Chinese-style knickers;
4. Of any material in any colour, which shall be uniform;
5. T-shirt, bloomers and a soft belt is allowed;
6. Trims 1cm in breadth for the whole garment, may be of different material and in a different single colour;
7. A soft belt (except for taijiquan and taijijian), maybe of different material and in a different single colour.

### 14.2 For Nanquan Routines

1. A collarless jacket with seven Chinese-style toggle-like cloth buttons down the front, and with long sleeves for women and no sleeves for men;
2. Chinese-style knickers;
3. Of any material in any single colour, which shall be uniform;
4. T-shirt, bloomers and a soft belt is allowed;
5. Trim 1cm in breadth for the whole garment, maybe of different material and in a different single colour;
6. A soft belt, maybe of different material in a different single colour.



Taijiquan (Male/Female)



Changquan (Male/Female)



Nanquan (Female)



Nanquan (Male)

### 14.3 For Freestyle Routines

1. Costume must be neat and presentable; it may have embroidery design and preferences of colour but must be in accordance with their respective routine.

# **SANDA EVENTS AND RULES**

## **1. Age Category**

Youth: 15 – 18 Years Old (1 Jan 1996 to 31 Dec 1999)

Open: 37 Years Old and Below (1 Jan 1977 to 31 Dec 1995)

## **2. Weight Category**

Male: 48, 52, 56, 60, 65, 70, 80, 85, 85 Kg & above

Female: 48, 52, 56 & 60 Kg & above

## **3. Rules**

- a. The match shall be a single knock out system.
- b. Adoption of the International Wushu Federation Sanshou Rules (2005) Interpretation shall be based on the Chinese version.
- c. Every club is allowed to send up to two participants in each category.

## **4. Competition Rules**

- a. Athlete would be personally responsible on any accidental occurrence or injury during the selection.
- b. Participants must bring along their protective gears, one set red and black sporting attire (vest and shorts).
- c. Participants must be present during the weighing on 10 August 2014.
- d. Participants must produce their NRIC for verification on competition day.
- e. The Organizing Committee decision shall be final.

## **5. Ranking**

- a. 2 entries: 1<sup>st</sup> Position
  - b. 3 entries: Top 2 Positions
  - c. 4 or more entries: Top 3 Positions
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